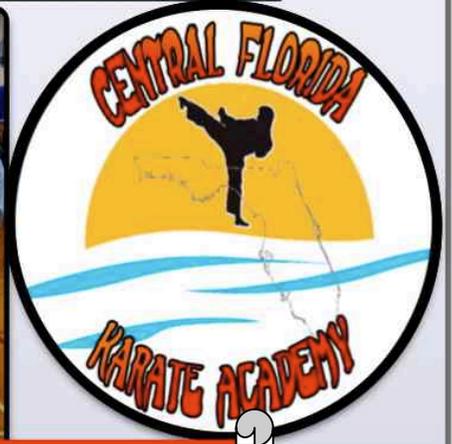


2020 Central FL Challenge



Please contact
Central FL Karate
Academy at
flkarate@gmail.com
or 407-738-6179

Wyndham Orlando Resort
8001 International Dr.
Orlando, FL 32819

10th Annual Tournament
April 25, 2020



INFORMATION & SCHEDULE OF EVENTS

DATE: Saturday, April 25, 2020

INFO: To register, please fill out the registration form and mail to 3078 Town Center Blvd. Orlando, FL 32837 with check; email registration form to FLKARATE@GMAIL.COM and send payment via PayPal; or register on EventBrite.

LOCATION: Wyndham Orlando Resort- Offering discounted room rates, if you mention tournament. Located at 8001 International Drive in Orlando, FL 32819

SCHEDULE:

8:00AM – 9:30AM REGISTRATION

9:30AM ORIENTATION FOR JUDGES

10AM BOW IN

10:30AM COMPETITION BEGINS:

***We try to keep competitors in the same ring for weapons, breaking, forms, and sparring. Please be sure all competitors have their sparring gear, weapons, and boards with them in their respective rings.**

- Junior Gup Competition
- Adult Gup Competition

1:00PM (APPROXIMATELY) BLACK BELT COMPETITION BEGINS:

***We try to keep competitors in the same ring for weapons, breaking, forms, and sparring. Please be sure all competitors have their sparring gear, weapons, and boards with them in their respective rings.**

3:00PM (APPROXIMATELY) GRAND CHAMPION COMPETITION BEGINS:

- Grand Champion Forms
- Grand Champion Sparring
- Grand Champion Weapons

****Divisions and times are subject to change at the discretion of the tournament directors****

AWARDS: Awards will be given for 1st, 2nd & 3rd Place in all rings. Trophies will be given for Grand Champions.

FEES:

- **ENTRY FEE:**
 - Early Bird Entry (Up Until March 31st): \$60 flat fee for one, two, three, or four categories.
 - April 1st Until Day of Tournament: \$65.00 for one category & \$5.00 for each additional
 - Pre-registration is highly recommended
- **SPECTATORS:**
 - \$5.00 at the door
 - Children under 5 are free

NO PERSONAL CHECKS OR CREDIT CARDS WILL BE ACCEPTED THE DAY OF THE TOURNAMENT

NO ONE WILL BE ALLOWED IN COMPETITION AREA WITHOUT A SPECTATOR OR COMPETITOR PASS

****PLEASE EMAIL CFKA at FLKARATE@GMAIL.COM WITH ANY QUESTIONS****

CFKA TOURNAMENT RULES

GENERAL RULES

1. Traditional uniforms must be worn. NO T-SHIRTS.
2. Proper discipline and respect must be maintained at all times. Any disrespect or improper attitudes will result in immediate disqualification.
3. There will be between 3 and 5 judges per ring.

BREAKING RULES

1. Wood is the only material allowed for breaking for all ranks below Black Belt.
2. Wood will be available at the tournament for purchase **while supplies last**.
3. ONLY competitors and board holders will be allowed in rings.
4. ALL belts below black are limited to two breaks. Black belts may do 2 or 3 breaks at their discretion.
6. All competitors with belts below black belt will be allowed three total attempts to break, not three attempts per station. Black Belts will be allowed ONE attempt. Again, this is TOTAL attempts, not attempts per station.
7. In the event of a tie, the highest score will be dropped and scores will be re-calculated, if there are 3 or 4 judges on the ring. If there are 5 judges on the ring, the highest and lowest scores may be dropped and scores recalculated at the center judge's discretion. If the tie still exists, competitors will do ONE break of their choosing or the center judge's choosing, with ONE board.
8. Separators are not allowed.
9. If a competitor has been eliminated due to incomplete breaks, the competitor is still able to perform a tiebreaker.
10. Breaks shall be judged based on their difficulty. Any competitors below 13 years of age must use pine boards that measure no less than 1"x6"x12" or 1"x8"x12". Competitors 13 years old and older must use boards measuring no less than 1"x8"x12" or 1"x12"x12". Any boards that are not 1" thick or do not comply with these measurement standards will be scored at a lower level than those boards that do comply with these standards due to the difficulty level being lower.

WEAPONS FORMS RULES

1. Music is not allowed.
2. In the event of a tie, the highest score will be dropped and scores will be re-calculated, if there are 3 or 4 judges on the ring. If there are 5 judges on the ring, the highest and lowest scores may be dropped and scores recalculated at the center judge's discretion. If the tie still exists, the competitor can do a different form with his/her weapon or the same

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form.

FORMS RULES

1. The use of music is not allowed.
2. In the event of a tie, the highest score will be dropped and scores will be re-calculated, if there are 3 or 4 judges on the ring. If there are 5 judges on the ring, the highest and lowest scores may be dropped and scores recalculated at the center judge's discretion. If the tie still exists, a different form will be requested. If the student is new (i.e. white or yellow belt) and only knows one form, he or she can repeat the same form. Otherwise, a different form must be performed.

SPARRING RULES

Foam dipped sparring gear for head, hands, and feet and mouth guards (unless you are wearing a face shield) are required for sparring competitors in all divisions! Optional gear: groin protection, chest guard, shin guards, forearm pads, face shield.

Techniques that are NOT Allowed:

1. Spinning hand techniques.
2. Open hand techniques to the face or head (slapping, etc.).
3. Techniques below the belt.
4. Backfists to the back of the head.
5. Sweeping (only allowed for red belts and higher). Please note for red belts and higher that sweeping will not result in a point. Red belts and higher who perform sweeps will be expected to then deliver a legal strike to the opponent before he/she hits the floor to score a point.
6. Sweeping against the joint.
7. Techniques thrown to the spine area.
8. Contact of any kind to the face & head for beginner belts.
9. Unsportsmanlike conduct ("showboating", name calling, etc.).
10. Running out of the ring during sparring (judges will be allowed to issue warnings to competitors for running out of the ring during sparring). Stepping outside of the ring for forms or weapons that span long distances is allowed and

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should not be punished by deducting any points.

11. Coaching from the sidelines from parents, instructors, spectators, etc.

12. Arguing with judges about a call. Please show respect. The judges have been practicing martial arts for a long time.

All of the above can result in a warning, loss of point or disqualification! In order to call a warning, the majority of the judges must agree. Two warnings result in a loss of a point and three will lead to disqualification. Judges can go right to minus a point or disqualification, depending on the severity of the infraction at the discretion of the Center Judge.

Techniques that are Allowed:

1. Backfists to the side of the head. Backfists to the back of the head are not allowed.

2. Reverse chops (ridge hands) to the body.

3. Light body contact at intermediate and advanced levels. Medium for black belts.

4. Sweeping in red belt divisions and above. Must be followed by a technique that lands before opponent hits the floor to get a point.

5. Straight hand punches (vertical punches)

6. Lead hand punches.

How Points are Scored

Rounds will be two minutes or 7 points, whichever comes first.

Scoring System:

1. Punches score ONE POINT.

2. Kicks, including jumping kicks and turning kicks score TWO POINTS.

3. Jumping kicks and flying kicks where the trailing leg is ABOVE the opponent's belt (flying side kick, jump front with rear leg, jump round with rear leg, etc.) and spinning kicks score THREE POINTS.

4. A point and a warning CANNOT be given to the same competitor at the same time. A point can be given to one competitor and a warning to the other.

5. In the case where some judges call "no see," more than one judge must have seen the point in order for the point to be scored when there are more than 3 judges on a ring.

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2020 CENTRAL FLORIDA TANG SOO DO CHALLENGE COMPETITOR APPLICATION

DATE: Saturday, April 25th LOCATION: Wyndham Orlando Resort Located at 8001 International Dr. Orlando, FL 32819. Hotel is offering discounted room rates, if you mention tournament.

Name _____ Male _____ Female _____

Address _____ City _____ State _____ Zip _____

Phone _____ Email Address _____

Current Rank _____ Date of Birth _____ Age _____

Please Check One: Beginner _____ Intermediate _____ Advanced _____ Black Belt _____

Martial Arts School _____ Instructor's Name _____

I will be competing in (please check all that apply):

FORMS _____ BOARD BREAKING _____ SPARRING _____ WEAPONS: _____

I, the undersigned, hereby voluntarily submit this application for the 2020 CENTRAL FLORIDA CHALLENGE and agree to waive all claims against any and all persons connected with said tournament and Central Florida Karate Academy and the Wyndham Orlando Resort. I also hereby assume all responsibility for any and all damages, injuries, or losses, present or future, I or my minor child may sustain or incur while attending, participating, and traveling to and from, said activity. I hereby release and hold harmless Central Florida Karate Academy, as well as the Wyndham Orlando Resort, and all others connected with said martial arts tournament individually or otherwise from any claim or liability resulting from said event. I also understand that I shall specifically obey instructions and safety rules. I further agree any pictures and video taping of me in connection with this activity can be used for promotional purposes without additional consent or compensation at this or any other time. I understand that registration fees are non-refundable.

_____ Date _____

Signature of participant

Please Print

_____ Date _____

Signature of Parent/Guardian

Please Print

if competitor is under 18 years of age

ENTRY FEE:

- o "Early Bird" by March 31, 2020 \$60.00 for up to all four categories.
- o April 1st UNTIL DAY OF TOURNAMENT: \$60.00 for one category, \$5.00 for each additional.
- o Spectators ages 5 and up are \$5.

ABSOLUTELY NO PERSONAL CHECKS OR CREDIT CARDS WILL BE ACCEPTED THE DAY OF THE

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TOURNAMENT! ABSOLUTELY NO REFUNDS!

Mail Application & Fee to: CFKA @ 3708 TOWN CENTER BLVD., Suite D, ORLANDO, FL 32837

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